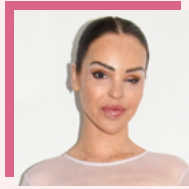


# Katie Piper Foundation

The Burns  
Rehabilitation  
Charity



# Who We Are



**The Katie Piper Foundation, established in 2009 by burns survivor Katie Piper OBE, is the only charity in the**

**UK providing burns rehabilitation, dedicated to supporting people who have experienced life-altering burns and scarring.**

We aim to improve the quality of life of survivors by supporting them physically, mentally, and emotionally through a personalised rehabilitation programme whether the injury is recent or many years ago.

Our support is informed by lived experience, and led by a specialised, expert team so that we can support survivors, their families, and their loved ones through their journey of recovery.

# What Do We Do?

Our support is provided through a mix of face-to-face and remote sessions. Depending on the needs of the individual, they will have access to all or a mix of the following services:

“Who knows what my future would have been like without Katie and the Foundation? With the support I have had, I am now living the life I had only ever imagined for myself, I owe The Katie Piper Foundation my life.”

**Aimee**



## 1 Physical Rehabilitation

Our specialist burns physiotherapists help with advice, pain management, mobility and function, and treatments to improve the look and feel of scars. We also teach survivors how they can aid their rehabilitation and reach their goals. Physical rehabilitation is offered online, through 1 week of residential rehab at Rainford Hall, at our London clinic and in the community.



## 2 Psychological Support

Psychotherapy and counselling sessions to enable survivors to cope with the emotional and mental impact of their injuries. We can help survivors navigate their everyday lives and future goals after experiencing a life-altering injury.



## 3 Residential Rehabilitation

We support survivors who are in our rehabilitation programmes with intense rehabilitation at Rainford Hall, St Helens. The one-week programme is tailored around the needs of the individual and includes physical, psychosocial and wellbeing treatments. We also offer group weekend retreats targeted at mental and physical health and recovery in partnership with Dan's Fund for Burns.



## 4 Wellbeing Programmes

Through our team of specialists, we provide a range of therapies to address individual needs. This can include but is not limited to nutritional advice, yoga, personal training as well as intimacy therapy, mindfulness, and sleep programmes.



## 5 Community and Peer Support

Peer support groups and group therapy create a sense of community among survivors, allowing them to connect and share their experiences.



**Advocacy** We advocate for improved connections between survivors, their caregivers, healthcare services and other relevant agencies. Advocacy and liaison help to ensure that survivors have access to the necessary resources and support for their physical and mental health recovery.

# How to Access Our Services

Anyone can make a referral to our services - healthcare professionals, survivors, family members or friends. We support UK-based **adult** burn survivors and people who have had burn-like injuries that have resulted in large areas of scarring.

“I got back more movement in my wrists within one week of specialist scar physiotherapy, than I did in 9 months of general physiotherapy.”

**Matt**

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**Survivors, family members or friends** can request support through [katiepiperfoundation.org.uk](https://katiepiperfoundation.org.uk), or you can call the team on [0300 365 0055](tel:03003650055) or [scan](#) this QR code.

If we can help, a member of the team will contact you to arrange an assessment, to help us understand your needs and what support we can offer. If you are having care already for your injury, with your consent we will need to speak with the other professionals involved with your care.

**Healthcare professionals** wanting to refer a patient can contact us via [info@katiepiperfoundation.org.uk](mailto:info@katiepiperfoundation.org.uk) or phone us on [0300 365 0055](tel:03003650055). A member of the team will discuss the case with you or may ask you to complete a referral form.

We understand the significance of physical well-being in the recovery journey, recognising that burns survivors often face multiple complex disabilities. We will work with other specialist services wherever we can to support the goals of each survivor.

[katiepiperfoundation.org.uk](https://katiepiperfoundation.org.uk)

Registered Charity no: 1133313

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**Foundation**