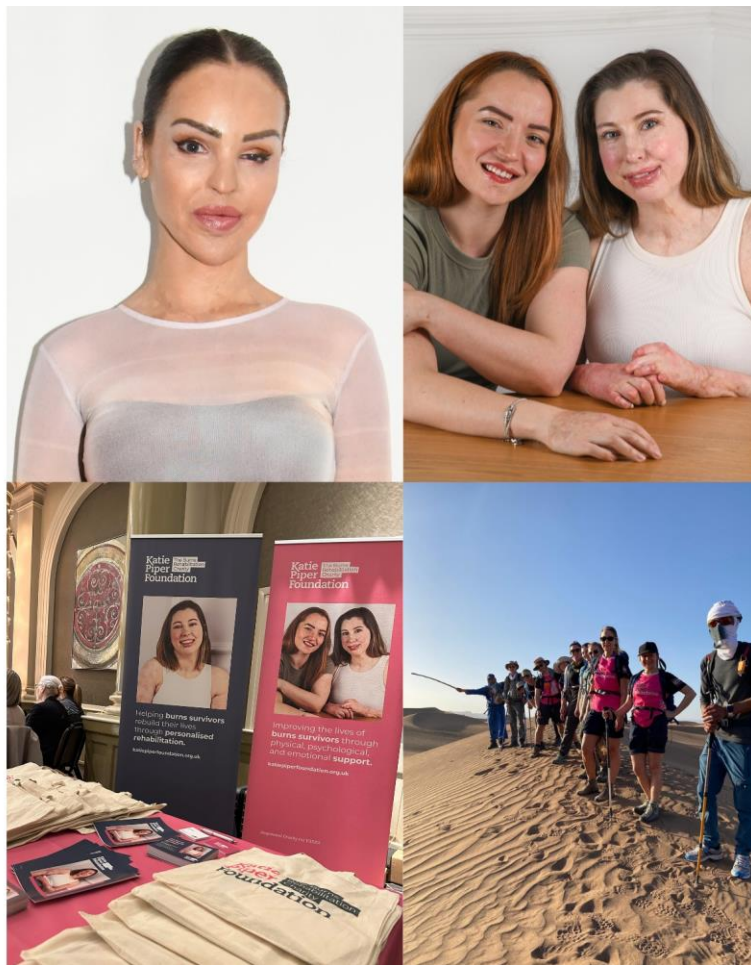


Trustee Recruitment Pack



The Katie Piper Foundation, established in 2009 by burns survivor Katie Piper OBE, is a national charity dedicated to supporting people who have experienced life-altering burns and scarring.

We aim to improve survivors' quality of life by supporting them physically, mentally, and emotionally through a personalised rehabilitation programme. We are the only charity in the UK providing a full burns rehabilitation pathway, supporting survivors beyond their discharge from NHS acute care.

Our support is informed by lived experience, and led by a specialised, expert team working with survivors, their families, and their loved ones.

The last few years have been turbulent for the charity and 2023 was a year of change, challenge, and review. The appointment of Kate as CEO in June was followed by a review of all services and a focus on long-term financial security and sustainability with a new income generation strategy.

The charity started 2024 in a stronger position, with funding for key services secured in key grants from The National Lottery Community Fund and The Department of Health and Social Care Suicide Prevention Fund. This is supported by a growing pipeline of fundraising activity for the year ahead.

The additional funds have led to a push to increase the charity's reach, with new therapy staff currently being recruited to the team, increased collaboration with our NHS colleagues and a drive to increase referrals into the service, as well as a refresh of our brand and identity.

Following the retirement of four long-standing trustees we have appointed Nick as our new chair, and we are now looking to grow our board with people who can help us develop further.

We are keen to increase the diversity of our board and we would love to hear about the skills you bring. You do not have to have been a trustee before or have a deep understanding of charity governance, but you do need a passion to support burns survivors, an ambition for the charity's future and a willingness to give your time to work with fellow board members to support our staff team to achieve those ambitions. We would welcome people who can bring new perspectives and challenge our thinking and we would love to hear from more people with lived experience, amplifying the survivor voice in all we do.

Having assessed the skills gaps in the current board we are particularly interested to hear from people with skills in charity marketing, digital communications, digital strategy development and communications, as well as experience in the NHS and healthcare, particularly within burns. We would also welcome new trustees with skills in fundraising and charity leadership.

Kind regards



Nick Rudgard
Chair of the Board of Trustees



Kate Naish
CEO

What does the Katie Piper Foundation do?

We provide an individualised rehabilitation programme to survivors of burns and scarring, supporting their physical, mental, and emotional health. We support survivors regardless of how long ago they were burnt and are here for however long they need us. We usually work with a survivor after their discharge from NHS acute care.

Our support is provided through a mix of face-to-face and online sessions. Depending on the needs of the individual, they will have access to all or a mix of the following services:

Physical Rehabilitation – our specialist burns physiotherapists help with advice, pain management, mobility and function, and treatments to improve the look and feel of scars. We also teach survivors how they can aid their rehabilitation and reach their goals. Physical rehabilitation is offered online, at Rainford Hall, at our London clinic and in the community.

Psychological Support – psychotherapy and counselling sessions to enable survivors to cope with the emotional and mental impact of their injuries. We can help survivors navigate their everyday lives and future goals after experiencing a life-altering injury.

Residential Rehabilitation – we support survivors who are in our rehabilitation programmes with intense rehabilitation at Rainford Hall, St Helens. The one-week programme is tailored around the needs of the individual and includes physical, psychosocial and wellbeing treatments. We also offer group weekend retreats targeted at mental and physical health and recovery in partnership with Dan's Fund for Burns.

Wellbeing Programmes – through our team of specialists, we provide a range of therapies to address individual needs. This can include but is not limited to nutritional advice, yoga, personal training as well as intimacy therapy, mindfulness, and sleep programmes.

Community and Peer Support – peer support groups and group therapy create a sense of community among survivors, allowing them to connect and share their experiences.

Advocacy - we advocate for improved connections between survivors, their caregivers, healthcare services and other relevant agencies. Advocacy and liaison help to ensure that survivors have access to the necessary resources and support for their physical and mental recovery.

Restorative therapies– we support survivors who have lost their hair or experienced other visible differences due to their injuries. This can involve long-term treatment in partnership with specialist hair system providers, medical tattooists, camouflage specialists and other aesthetic services. This area of our service is currently under review.

Anyone can make a referral to our services - healthcare professionals, survivors, family members or friends. We support UK-based adult burn survivors and people who have had burn-like injuries that have resulted in large areas of scarring.

Our survivors' stories

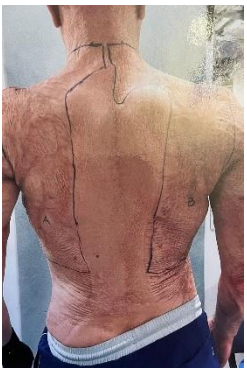


Aimee was an aspiring golfer when at just 25 years old, a family bonfire turned her life upside down. The wind suddenly changed direction and the flames engulfed her. Aimee sustained 58.5% body burns and was in a coma for 27 days. Aimee recalls waking and not knowing if she was dead or alive.

Altogether, Aimee was in the hospital for 257 days. She has undergone countless surgeries and was told she would probably just walk again but was unlikely to play golf let alone compete.

Since then, Aimee has been supported by The Katie Piper Foundation where she has had an individualised package of care designed around her needs, including specialists working together to provide for her physical and psychological needs. This was done collaboratively in line with the goals Aimee set for herself. She is back on the golf course and this year has raised funds for the Katie Piper Foundation as Lady Captain of her club.

Aimee said, "Who knows what my future would have been like without Katie and the Foundation? With the support I have had, I am now living the life I had only ever imagined for myself, I owe The Katie Piper Foundation my life".



David first approached The Katie Piper Foundation in 2020, 3 years after sustaining significant burns in a house fire. He was dependent on alcohol, sleeping on the sofa, not leaving his house and in a poor psychological state. He regularly considered taking his own life and couldn't see a future.

The Katie Piper Foundation worked with the NHS to enrol him on a drug and alcohol detox programme and then, once he had stopped drinking, began intensive and bespoke rehabilitation support. With significant and specialist psychological support, David has been able to come to terms with the emotional impact of his injuries.

We provided a personal trainer and physiotherapy services, enabling David to improve his scarring and regain his physical strength and then funded a gym membership to continue his physical recovery.

We empowered him to make changes and improvements to his living arrangements and worked with him to improve his mental health and wellbeing. David was proud to be the first patient in our new rehabilitation unit last summer where, alongside other therapies, he engaged with a career consultant, and is now starting to move towards returning to work - something he didn't ever envisage being possible.



David said: "In a nutshell, I don't know where I would be without the Katie Piper Foundation, what they have done for me is nothing short of a miracle".

Role Description - Trustee

Time commitment:

- Meetings are important and attendance is required by all trustees at quarterly Board of Trustee meetings, 2 in person (3-4 hours) and 2 remote (2 hours). We like all trustees to sit on 1 sub-committee requiring attendance at these quarterly meetings (generally 1 hour online). For meetings to work well some preparation is usually required so time needs to be allowed for reading papers and preparing well.
- Attendance at key fundraising and networking events representing the charity.
- It's not just about meetings though, trustees govern the charity, so we encourage regular contact with the staff team to support their work and give guidance and advice as needed.

Duration: Initial 3-year term, max 3 terms can be served

Like all charity trustee roles, this role is unpaid, but reasonable expenses (e.g. travel to meetings) can be reclaimed.

The duties of a Katie Piper Foundation trustee are as follows:

- Ensuring that the Katie Piper Foundation pursues its stated objects, as defined in its governing document, by developing and delivering an agreed strategy.
- Ensuring compliance with the memorandum and articles of association, charity law, company law and any other relevant legislation or regulations.
- Ensuring that resources are applied exclusively in pursuance of its charitable objects for the benefit of those with burns and scars.
- Ensuring that goals and objectives are defined, and performance evaluated against agreed targets.
- Safeguarding the good name and values of the Katie Piper Foundation and acting as a brand ambassador.
- Ensuring the effective and efficient administration of the charity, including having appropriate policies and procedures in place.
- Ensuring financial stability.
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds.
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the Chief Executive and staff team.

In addition to the above statutory duties, each trustee should:

- Use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions.
- Play an active part in scrutinising board papers, leading discussions, focusing on key issues, and providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

Additional information

The charity commission sets out some criteria for being a trustee.

You must be at least 16 years old to be a trustee.

You must not act as a trustee if you are disqualified under the Charities Act, including if you:

- have an unspent conviction for an offence involving dishonesty or deception (such as fraud)
- are bankrupt or have entered into a formal arrangement (eg an individual voluntary arrangement) with a creditor
- have been removed as a company director or charity trustee because of wrongdoing

As we work with vulnerable adults, all trustees must undertake a DBS check

Further information and reading

- You can find information on the 6 current trustees and our staff team on our website [Katie Piper Foundation](#) We know our website needs an update – it is part of our 2024 plan and included in our lottery funding!
- You can find our annual reports and charity registration details here: [Charity commission](#)
- The NCVO has information on what being a trustee involves which can be found here: [What is a trustee? | NCVO](#)
- More information on what being a trustee involves can be found here: [How to Become a Trustee Guide | Getting on Board](#)

Your Application

We would like to hear why you want to be a trustee at The Katie Piper Foundation and what skills you think you could bring to make a real difference to our board. If you have an up-to-date CV, please do include it, but if you don't have one, don't worry, just tell us a little bit about your background and experiences in your application.

You can email your application to kate@katiepiperfoundation.org.uk. We want to make our application process as accessible as possible, so if you would like to apply in an alternative format – maybe with an audio file or video, or need any other support with your application, please get in touch with Kate.

If you would like to arrange an informal chat before applying, please email Kate or call/ message on 07904 143894 and we will be happy to speak to you.

- Closing date: **Wednesday 17th April, 9am**
- Interviews: **Tuesday 1st and Wednesday 2nd May, online**